

# Spring 2025 Special Events



**chef spotlight**

## Chef Spotlight Events to Celebrate DEI

- 4-Feb Black History Month
- 6-Mar Women's History Month
- 1-May Asian American & Pacific  
Islander Heritage Month

**RECIPES  
FROM HOME!**

Do you have a favorite recipe?  
If selected, we will prepare and serve it  
to the community.  
Submit your family recipe here:



13-Mar American Bistro

## Kitchen 101

### Cooking Classes

- 30-Jan Empanadas
  - 27-Mar MYO Pizza
- featuring our  
visiting dietitian



- 14-Feb Sharing Love,  
Spreading Kindness
- 20-Feb Recipes From Home  
Pastelitos
- 4-Mar Mardi Gras
- 17-Mar St. Patrick's Day
- 16-Apr Breakfast for Dinner
- 5-May Cinco de Mayo

## BE WELL. DO WELL.

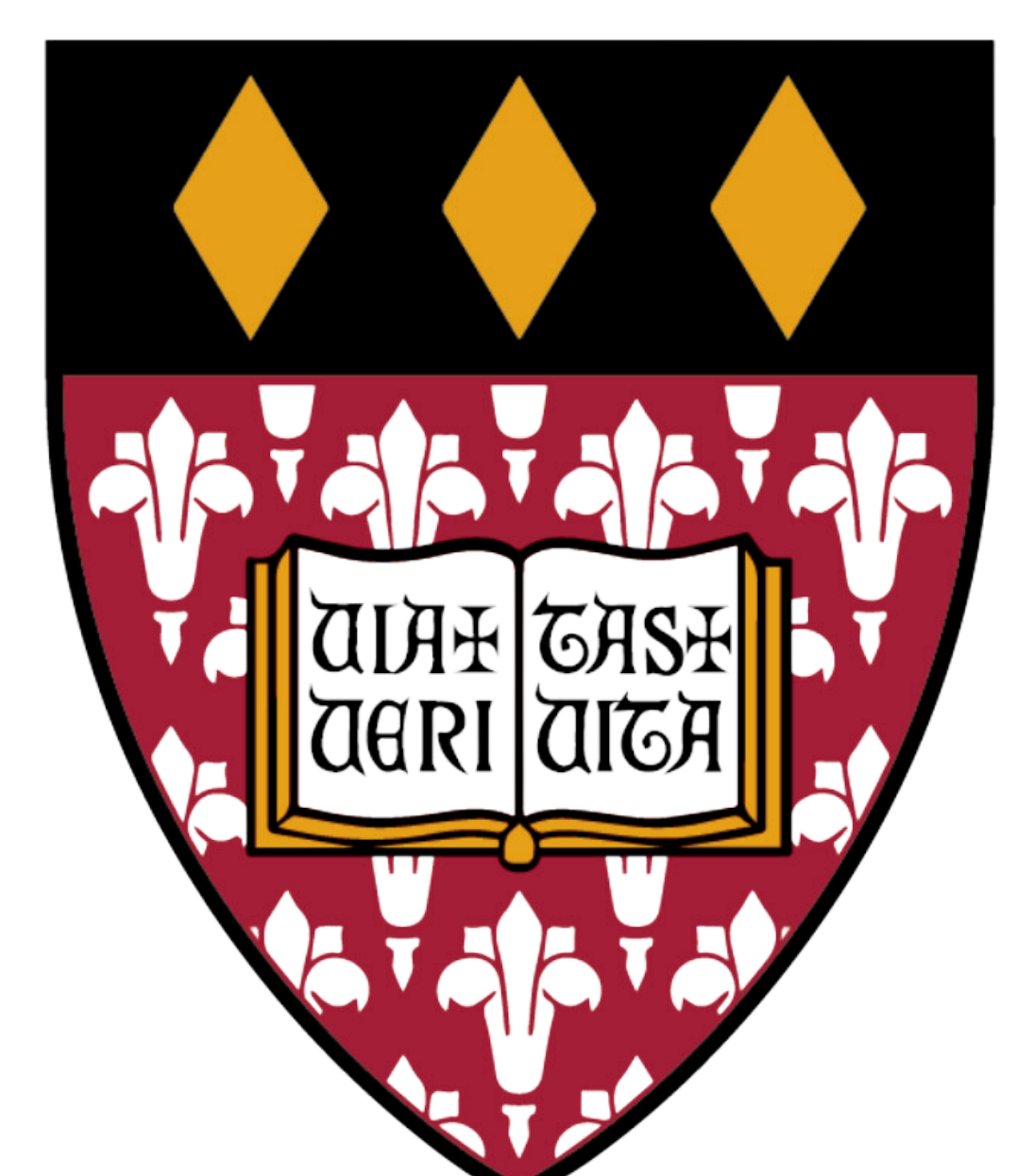
with our visiting dietitian

- 30-Jan TAKE15 Healthy Snacks at LSC
- 27-Mar Nutritional information for Kitchen 101
- 22-Apr Earth Day Special Event

## National FOOD DAYS

- 21-Jan National New England Clam Chowder Day
- 6-Feb National Chopsticks Day
- 20-Mar National Ravioli Day
- 4-Apr National Ramen Noodle Day
- 5-Apr National Caramel Day
- 11-Apr National Grilled Cheese Day
- 26-Apr National Pretzel Day
- 30-Apr National Oatmeal Cookie Day

REGIS



follow  
us!

regis\_dining



## RECIPES FROM HOME!

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# NIGHT RESTAURANT

BE WELL.

DO WELL.

*Kitchen* 101