

## Dining with Dietary Accommodations at Regis College

The team at Regis Dining Services believes all students should have access to nutritious, tasty meals. Students with dietary accommodations can pre-order their meals in our GrubHub app for pick-up at the Regis Café.

Meals prepared for students with dietary accommodations require individual preparation and cooking. Therefore, this service is only available for students who have registered with the [Office of Accessibility Services](#).

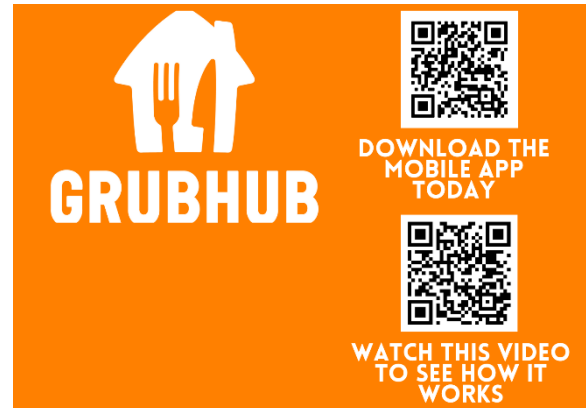
Email [accessibilityservices@regiscollege.edu](mailto:accessibilityservices@regiscollege.edu) to register your dietary restriction.

Once registered you will receive an email with a QR Code and link to access the Regis Café menu where you can pre-order your meal on GrubHub. To order, follow the steps below.

### Step 1:

**Download the GrubHub App using the QR listed here.**

1. Download the GrubHub mobil app [Mobile Ordering - Regis College \(campusdish.com\)](#).
2. You will receive an email from the Dining Director with a special QR Code and link for accessing the Accommodation Menu.
3. You may opt to order from two menus:
  - A. Regis Café Menu Online**
    - The Regis Café menu changes daily for each meal period.
    - Visit [regis.campusdish.com](http://regis.campusdish.com) to see today's offerings.
    - Return to the app, type in your selection and restriction.
    - We will modify the selected menu item based on the information you supply regarding your dietary restriction.
    - For example, if you have a gluten and dairy restriction and order Chicken Parmesan, we will prepare a special plate of Chicken Parmesan using gluten free breadcrumbs, no cheese and gluten free pasta.
    - Meals will be produced based on the availability of substitution ingredients in our kitchen.
  - B. Everyday Menu**
    - The Everyday Menu features a selection of favorites such as, grilled chicken, gf pasta, plain pasta, steamed rice and beans.
    - These items are available to you at each meal period.
4. Place your order and proceed to the Regis Café in the upper Student Center.
  - Notify the station attendant at the Hot Entrée – Foodology station of your name and your order will be retrieved.



- The pre-order app reduces wait time and ensures your dietary restrictions are communicated correctly to our staff.

5. Enjoy your meal!

Additionally, we recommend that you contact Denis DaSilva, Dining Director, [dasilva-denis@regis.edu](mailto:dasilva-denis@regis.edu) for a guided tour of your dining options and bring any questions regarding menu selections, mobile app usage or other dining concerns.

\*We do our very best to provide safe meal for our customers. Aramark relies on our vendors' allergy warning and ingredient substitution, recipe revisions and cross-contact with allergens is possible. Aramark cannot guarantee that any food item will be completely free of allergens.